

Reader Recipes

We're looking for unusual, innovative, or just plain good-tasting recipes. If you have a favorite you'd like to share, send to: Reader Recipes, P.O. Box 1029, Lakeville, Minn. 55044 or email: Recipes@farmshow.com

Pheasant Chow Mein

1 cup chopped onions
1 cup chopped celery
1 lb. diced, cooked pheasant
Shortening for frying
1 can bean sprouts
3 tsp brown gravy

Brown onions, celery and pheasant in a saute pan with a little shortening. Add bean sprouts and gravy and simmer for one hour, adding water as needed. Serve with crispy chow mein noodles and rice.

From "Kill It & Grill It" by Ted and Shemane Nugent

Mary's Mouth-Watering Whole Wheat Cookies

1 cup oil
1 cup maple syrup
2 eggs
1 3/4 cup Prairie Gold flour
1 tsp soda
1 tsp salt
1 tsp cinnamon
2 cup Quick oats
1 cup raisins
1/2 cup chopped nuts

Mix all together and bake at 350° to 375° for 10 to 15 min. Do not overbake.
Mary Wagler,
Bloomfield, Iowa

Goatburger Rolls

1 lb. ground goat
1 1/2 cups shredded cheddar cheese
2 cans instant crescent rolls

Brown ground goat and drain. Mix cheese and onions, then crumble into meat. Put 1 spoonful of the mixture into each crescent roll, then fold up roll over mixture. Place on ungreased cookie sheet, then bake at 350° for 8 min. or until light brown.
Krista Darnell

(Continued on next page)



You throw a way the disposable flexible brace after each use. It helps relieve hand pain.

Device Worn At Night Relieves Carpal Tunnel Syndrome

"We've had people call us who are having terrible hand pain and are scheduled for surgery. They try the Carpal Solution as a last resort and within a couple of days, they feel relief and end up canceling the surgery," says Donna Voiland, of First Hand Medical.

Dr. Clyde Morgan invented the Carpal Solution, a 6-week therapy using a flexible hand brace, because his wife suffered from a difficult case of Carpal Tunnel Syndrome. Carpal Tunnel Syndrome occurs when the main nerve that runs from the forearm into the hand is squeezed in the wrist, causing numbness and pain or tingling. It's caused by repetitive use of the hand.

Dr. Morgan's device is a disposable flexible brace that you throw away after each use. You wear one each night for 2 weeks and every other night for 4 weeks. After that, the company recommends using the braces a couple times a month to remain without symptoms.

The brace has three adhesive strips that tug and reshape the soft tissue surrounding the carpal tunnel while the hand is relaxed at night. Most people feel relief from pain within a week.

A one-week therapy pack sells for \$28.95 plus S&H. The complete 6-week therapy pack sells for \$79.95 plus S&H.

The company has a guarantee that if you don't feel some relief after 7 nights, just send back the whole treatment package and they'll refund your money.

Contact: FARM SHOW Followup, First Hand Medical, 67 South Bedford St., Suite 400 West, Burlington, Mass. 01803 (ph 781 418-6340; fax 781 359-1845; relief@mycarpaltunnel.com; www.mycarpaltunnel.com).



Brightly colored decals are made from soft magnetic vinyl sheeting.

How To Decorate Your Car Or Truck For The Holidays

"I really enjoy decorating my home for every holiday. But, when it came to decorating my car, I could find very few decorations that were suitable. That's when I got the idea of making colorful magnetic decals for the holidays and other special occasions," says India Haass of Tequesta, Fla., whose company is called "Magnetic Car Decorations."

Haass offers more than 72 different brightly colored decals made from soft magnetic vinyl sheeting. She says they're easy to apply and rearrange, and safe for all steel surfaces.

She has decorations for Christmas, Hanukkah, Kwanzaa, Halloween, Thanksgiving, 4th of July, Valentines, St. Patrick's Day, birthday wedding, baby, and various sports.

"You can use them to celebrate the holidays or special events, re-using them each year. Now you can easily decorate your vehicles or areas around the house or office that have been neglected in the past," Haass points out.

The decals can be placed on either painted or unpainted clean surfaces, and wind or rain won't dislodge them from moving vehicles.

She says that although she has had few complaints about the decals being stolen, it does happen. Therefore, Haass points out it's quick and simple to just temporarily remove the magnets if a vehicle will be parked in a risky area.

Here are a couple examples of prices. A 7 by 16-in. decal showing four pumpkin faces sells for \$15.95. A 12 by 18-in. friendly ghost sells for \$16.95.

Contact: FARM SHOW Followup, Holiday Car Fun, 61 Pinehill Trail West, Tequesta, Fla. 33469 (ph 866 747-0323; sales@holidaycarfun.com; www.magneticcarddecorations.com).



More than 72 different decals are available.

FARM SHOW®

New Products Especially For Women And The Farm, Ranch Home

Old-Fashioned Metal Lunchbox

If you'd like a metal lunchbox that'll virtually last forever, you'll like the ones made by retired farmer Melvin Hershberger, Baltic, Ohio.

Made out of powder-coated aluminum with 50 rivets in each bucket, they'll withstand up to 200 lbs. of pressure.

"They can also be used as industrial-strength briefcases or to store your stuff like computer disks," he says.

A children's size lunchbox is 8 3/4 in. long, 4 3/4 in. wide and 7 1/2 in. high. It sells for \$27.95.

An adult size is 2 1/8 in. longer and sells for \$29.95.

Contact: FARM SHOW Followup, Hershberger Country Store, 50940 Twp. Rd. 220, Baltic, Ohio 43804 (ans. service 740 623-8658; fax 330 698-3200).



Old-fashioned lunchbox is made out of powder-coated aluminum.



"TreePots" fit around base of tree, adding a decorative touch to your yard.

Wrap-Around Flower Pots For Trees

You can add a decorative touch to your yard and protect tree trunks from damage when mowing or trimming with these new "TreePots."

Made from cedar, they fit around the base of the tree and have a shelf for growing flowers or other plants. An interior barrier keeps the soil from coming in contact with the tree, giving it room to breathe and leaving room for growth.

"I take mine down every other year to clean and treat the cedar. This allows me to clean out around the tree. Some people don't take them apart at all and some do it every winter," says Aaron Simmons, inventor.

A small one that fits trees 6 in. in dia. or less sells for \$99.99 plus \$20 S&H. One for trunks 11 in. in dia. sells for \$139.99 plus \$30 S&H.

Next spring, he'll introduce Plastic TreePots in different colors and styles. Contact: FARM SHOW Followup, TreePot, Inc., 5283 Big Tyler Rd., Cross Lanes, W.Va. 25313 (ph 888 457-0242; info@treepot.com; www.treepot.com).



Made from cedar, TreePots have an interior shelf for growing flowers.